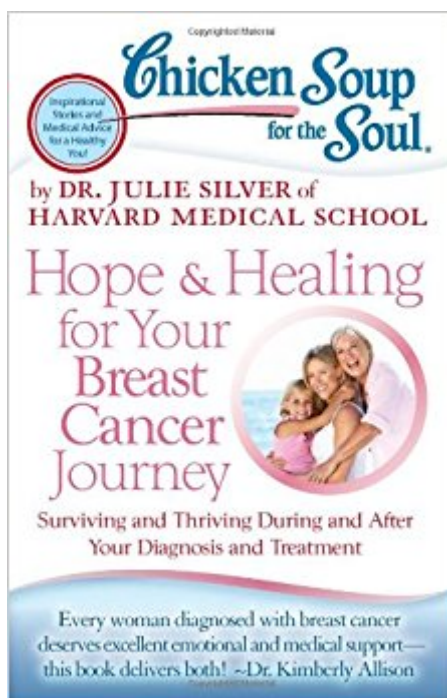


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# Chicken Soup For The Soul: Hope & Healing For Your Breast Cancer Journey: Surviving And Thriving During And After Your Diagnosis And Treatment



## Synopsis

Chicken Soup for the Soul: Hope & Healing for Your Breast Cancer Journey will encourage comfort and encourage breast cancer patients and survivors with its inspiring stories and helpful medical information. A support group from breast cancer diagnosis through treatment to rehabilitation and recovery, this book combines inspiring Chicken Soup for the Soul stories written just for this book and accessible leading-edge medical information from Dr. Julie Silver of Harvard Medical School. Patients and survivors will find comfort, strength and hope.

## Book Information

Series: Chicken Soup for the Soul

Paperback: 256 pages

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Shipping Weight: 7.8 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 58 customer reviews

Best Sellers Rank: #62,323 in Books (See Top 100 in Books) #13 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Breast Cancer](#) #328 in [Books > Health, Fitness & Dieting > Women's Health](#) #1007 in [Books > Self-Help > Motivational](#)

## Customer Reviews

Dr. Julie Silver is a Harvard Medical School assistant professor and expert in physical medicine and rehabilitation, a chief editor at Harvard Health Publications, and a breast cancer survivor.

Sickens me to the core to think there are many of us but this book allows me to grieve without reserve about this disease. It allows me something i rarely do, self pity and from that I've been able to weed out the emotions that cause harm and grow the emotions that will bring strength. This is a fight. Some fight for a long while others lose their battle. This book lets us all know no matter how you fight, just keep fighting. Don't feed the disease, feed your soul. Give your heart strength for the long battle. No matter how many supporters you have, you are in the center of the biggest battle ever fought. Thank you is not enough gratitude to the author and those who bravely shared their stories for the rest of us.

I gave this book to my sister just before she had a mastectomy and she was very appreciative. After surgery, she said she wanted to keep it on hand for reference and inspiration. Easy to read and helpful.

Just a couple of months ago my daughter who is 41 let my wife and I know she has breast cancer. I was stunned and I really did not know that much about breast cancer. So I bought this to bring myself up to speed and maybe there would be something helpful for my daughter. Well she just finished it. I haven't got the chance to read it yet. She said she found a lot of useful info. in the book I will revise this after I read the book and let you know what I think but from her we it a 4

Chicken Soup for the Soul books are usually nice gifts and this is no exception. My sister is enjoying reading it as she journeys through local therapies. I've not read it so cannot give a review, may revisit at later time.

Love the encouragement I got from each person's story.

Love this book. Gives me an uplift in my Faith and fighting my Breast Cancer.

Got this for my daughters friend who was going through cancer.

Once more, a winner of a book.

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Cancer,Lung Cancer,Cancer Prevention) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) Alternative Cancer Therapies (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) (Alternative Medicine Book 1) Slow Cooker Soup Recipes: 50 Most Delicious & Healthy Slow Cooker Soup Recipes for Better Health and Easy Weight Loss (Soup Recipes,Chicken Soup ,Soup Cookbook ,Slow Cooker Soup Recipes) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Chicken Soup for the Breast Cancer Survivor's Soul: Stories to Inspire, Support and Heal (Chicken Soup for the Soul) Chicken Soup for the Kid's Soul: 101 Stories of Courage, Hope and Laughter (Chicken Soup for the Soul) Chicken Soup for the Kid's Soul: Stories of Courage, Hope and Laughter for Kids ages 8-12 (Chicken Soup for the Soul) Chicken Coops: The Essential Chicken Coops Guide: A Step-By-Step Guide to Planning and Building Your Own Chicken Coop (Chicken Coops For Dummies, Chicken Coop Plans, How to Build a Chicken Coop) Chicken Soup for the Fisherman's Soul: Fish Tales to Hook Your Spirit and Snag Your Funny Bone (Chicken Soup for Soul) Chicken Soup for the Fisherman's Soul: Fish Tales to Hook Your Spirit and Snag Your Funny Bone (Chicken Soup for the Soul) Chicken Soup for the Teenage Soul: Stories of Life, Love and Learning (Chicken Soup for the Soul) Chicken Soup for the Preteen Soul 2: Stories About Facing Challenges, Realizing Dreams and Making a Difference (Chicken Soup for the Soul) Chicken Soup for the Teenage Soul on Tough Stuff: Stories of Tough Times and Lessons Learned (Chicken Soup for the Soul) Chicken Soup for the Teenage Soul: 101 Stories of Life, Love and Learning (Chicken Soup for the Soul) Chicken Soup for the Grandma's Soul: Stories to Honor and Celebrate the Ageless Love of Grandmothers (Chicken Soup for the Soul)

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